



Helping Kids Make and Keep Friends

Presented by: Donna Shea

Date: February 28, 2019

Time: 7:00 PM

Location: Ephraim Curtis Middle School

Sponsored by: Sudbury Extended Day and LSRHS SEPAC (Special Education Parent Advisory Council)/

This workshop is for parents and professionals who have or work with tweens or teens in need of guidance toward positive peer relationships.

Donna will provide tips on social anxiety management, increasing positive interactions with others, and how to handle it when other people are mean.

We will also discuss the important role that parents, and professionals play in social coaching and tips on how to teach social independence and increase tweens'/teens' social success.

Donna Shea is the Founder of the Peter Pan Center for Social and Emotional Growth and holds a BA in Behavioral Science. She is a pioneer in the concept of social coaching, a non-clinical approach to social-emotional learning. Shea's award-winning programs have been helping children achieve social success for over sixteen years. Shea also has certifications in bullying prevention, Foundations of Positive Psychology and Cognitive Behavioral Therapy Coaching.

Donna is also an author of the and accomplished public speaker. She provides professional development seminars and parent workshops focused on social-emotional learning and behavior management strategies. She specializes in professional development for extended day programs and school paraprofessionals. For more information, visit www.peterpancenter.com or call Donna at 978/413-1965.

